



Who are SDTRHR's Participants?

Currently, our youngest participant is 4 and our oldest is 56! The challenges faced by our participants include: Cerebral Palsy, Muscular Dystrophy, Autism, ADHD and Cognitive Disorders.



Hello, my name is Ashanti. "I have been riding at SDTHR since 2005, and I love riding Champ.

What I like most about SDTRHR is being up high on the horse. I am working on holding the reins tighter and giving leg aid. I love to trot! **Riding at SDTRHR has helped me to work on following directions and it makes me really happy.** I get so excited the night before riding, I sometimes can't sleep! When I am not riding, I like to listen to music and take walks. I just finished 5th grade at the Sussex Consortium in Lewes, and I've been in the Delaware Autistic Program for eight years."

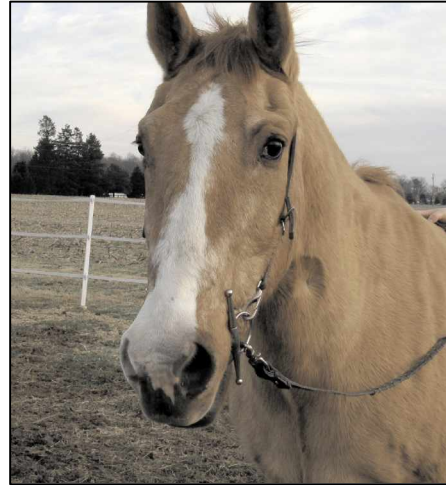
From Gena, Ashanti's mom- "SDTRHR has been wonderful for Ashanti! It is something we both look forward to doing. Ashanti has become more independent and confident. I believe her being a part of SDTRHR has helped to influence her in this way. The staff and volunteers are all so patient and compassionate with Ashanti's needs & abilities. Both of us look forward to many more riding sessions!"

Sponsor a Rider: For an 8-week session (\$240); an 11-week session (\$330) or one year (\$7,560).

Riding Forward

A Quarterly Publication from
Southern Delaware Therapeutic &
Recreational Horseback Riding, Inc.

Straight from the Horse's Mouth



Hello, I am Champ. I am a red dun Quarter Horse Gelding. I was donated by a nice family to SDTRHR in May of 2007. Since that time, I have become their most reliable four-legged therapist. The vet says I am about 25—but I'll never tell! They say if I could speak-I would sound like Eeyore from Whinnie the Pooh *whoever that is!*

I am not usually in a hurry to go anywhere except to my feed tub. Otherwise, I am a very laid back guy. I am used for the participants who use wheelchairs, larger riders and the riders who come from the Sussex Consortium.

As any older critter does, I have some health issues...I am on a joint supplement for my old bones, a Probiotic powder for ummm...let's just say tummy problems and I was recently diagnosed with Lyme's disease and had to take 90---that's right 90 pills a day for three months (vet bills and meds cost over \$1,000)

I am looking for a sponsor-I am the busiest four-legged therapist at SDTRHR. To sponsor me for a month it is just \$630 (cost of board, farrier, vet, supplements)—if you would like to sponsor me for a year the cost is (\$7,560) and your name or business name will be on a plaque in the indoor arena, and you will get a picture of me! How can you resist???

A HUGE Thanks to the Delaware Quarter Horse Association for sponsoring me for July, August and most of Sept!

How can I help SDTRHR...

Here are two unique ways you can help SDTRHR raise funds. One doesn't cost a thing!!!

Food Lion-Register your MVP card and portion of your sale will go to SDTRHR.



SDTRHR has enrolled in the Lion Shop & Share program sponsored by Food Lion.

This is an easy and convenient way to raise money for SDTRHR!

Simply follow the directions below to register your MVP card online so every time you shop at Food Lion with your MVP card a portion of your total grocery purchase will be donated to SDTRHR.

How to Link your Food Lion MVP card to SDTRHR:

- Visit the Food Lion website at www.foodlion.com
- Click on "Lion Shop & Save" link under "In the Community" in the left-hand column on Food Lion's home page
- Click on "Register your MVP card"
- Select the state "DE"
- Select the city "Nassau" ([that is our PO Box address](#))
- Select the organization "Southern Delaware Therapeutic & Recreational Horseback Riding, Inc."
- Add your 12 digit MVP card number and you are done.
- **25 cards must be linked for SDTRHR to benefit-please sign up-it takes just a minute!**

It's that easy to show your support for SDTRHR by linking your Food Lion MVP card to our non-profit equine-assisted program.

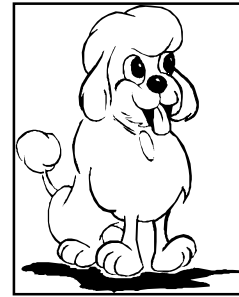


Designate "Southern Delaware Therapeutic & Recreational Horseback Riding, Inc." as the recipient of your contributions through the United Way Program at your workplace. When you complete the United Way form with your employer, just list SDTRHR's United Way code number # 9415.

Upcoming Events

FUN DOG SHOW

September 21



SDTRHR will have a booth at Critters for a Cure Fun Dog Show at Cape Henlopen State Park in Lewes, DE on September 21. Set-up begins at 7am and the show is over at 4pm. Please contact Karen Ritter (644-8231) to sign-up as a volunteer for this fun event!

Redden Ride

10/19 raindate 10/26

Our 6th annual Fall Redden Ride & Walk is scheduled for October 19, 2008 *rain date* October 26, 2008. Join us for a great day with beautiful wooded trails to ride and walk on and a delicious barbecue and desserts from Jimmy's Grille! We will have our finder's keeper's trail and new this year...a horse trivia game to win prizes!

We are seeking sponsors to cover the cost of food and raffle items. Please let Georgia or Kelly know if you know of someone who might like to be a sponsor. We will also need volunteers at the event.

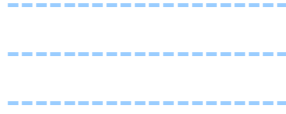
SeaWitch Festival

10/25 and 10/26

SDTRHR will have a booth at this year's SeaWitch Festival in Rehoboth Beach. We are seeking volunteers to help with doggie bag sales. We will also have the amazing Stormy there on Saturday who will be in costume and available for pictures for \$5!

SDTRHR, Inc.

PO Box 219
Nassau, DE 19969
(302) 644-1920
www.sdtrhr.com



Donor Corner

Thanks to these recent generous supporters:

Businesses:

Delaware Quarter Horse Assoc.	\$1,500.00
Bethel United Methodist Church	\$ 170.98
J.P. Morgan Chase (Nafzinger)	50.00
United Way	52.00
Kiwanis Foundation	720.00
<i>Sponsor Consortium Riders</i>	

Individuals:

In memory of Christina Kleinbard:

See story

Sandie Carroll
Karen & Chester Donato
Rosemarie Huhn
Sharon Allen
Arthur & Renee Santoro

E.G. & B.D. Richards
Brian Nafzinger

Special Thanks To

Delaware Quarter Horse Association and Debbie Willey-Anderson for the generous \$1,500 donation to sponsor Champ for almost three months!

Thanks to the friends of Tina Kleinbard. Tina was a lifelong animal lover and passionate about their care. She was also a rider. Tina passed away in April and her friends designated SDTRHR to receive contributions in lieu of flowers in the name of Tina (*See Donor Corner*).

Thanks to Karen Kershaw for linking us with these two groups!

Volunteers play an integral role at SDTRHR. Volunteers work with riders as side walkers and leaders. There are also volunteers who work behind the scenes as: board members, fund raisers and ambassadors to SDTRHR. In addition, parents of participants fill each of these volunteer roles.

There is no paid administrative staff at SDTRHR-grant writing, public speaking, daily administrative functions and fund raising planning & activities are done on a volunteer basis. SDTRHR is able to carry out its mission due to our dedicated volunteers!

Meet Donnel Bailey, Donnel has been volunteering at SDTRHR since 2006. Donnel's favorite part of volunteering with SDTRHR is working with participants; she volunteers on Saturdays and at our fundraising events. Donnel's son Sasha is a SDTRHR participant. Donnel works full time at Christiana Care and lives in Millsboro with her husband, Robert son Sasha and four dogs! Donnel is sign language interpreter and is very active in her church.





We often talk and write about being the only NARHA-affiliated program in Sussex or Kent Counties. So, we thought we would share some insight into what NARHA actually is. Since 1969, the North American Riding for the Handicapped Association, Inc. (NARHA), has provided Equine Assisted Activity and Therapy (EAAT) programs in the United States and Canada through its network of nearly 800 member centers. Each year, dozens of new centers initiate new programs and more than 38,000 individuals with disabilities benefit from activities which include therapeutic riding, hippotherapy, equine assisted psychotherapy, driving, interactive vaulting, and competition.

NARHA's mission is to change lives by promoting excellence in equine assisted activities.

NARHA provides instructor and site certification, education, volunteer training opportunities, advocacy and publishes *Strides and NARHA News*.

SDTRHR is proud to be affiliated with NARHA who serves a membership of 5,500 individuals who utilize more than 5000 specially screened and trained horses to make safe interactions possible.

NARHA hosts annual regional and national conferences.

To learn more about NARHA, please visit their website at narha.org.

SDTRHR's Contact Info.

Phone: 302 644-1920
Website: www.sdtrhr.com
Georgia Truitt: gtruitt1@aol.com
Kelly Smith wiley375@yahoo.com

2008 So Far...

Phew! It is hard to believe 2008 is more than half over! So, we thought we would share some of SDTRHR's accomplishments thus far...

- 295 Individual equine-assisted lessons provided.
- 190 Saturday volunteer hours logged.
- 140 Teaching hours volunteered by Kelly & Georgia
- 8 New participants started

SDTRHR Receives DCF Grant

The Delaware Community Foundation awarded \$1,500 to SDTRHR. The funds are to be used towards the purchase of saddles. We were one of 32 grant recipients for the 2008 Capital Grant Campaign. We will now go saddle shopping! Thanks DCF!

Doggie Bag Sales

The following individuals sold doggie bags on Memorial Day Weekend and helped SDTRHR raise \$2,100- Thanks to:

Jen, Elaine and McKenzie Sanford, Joanne Townsley, Donnel Bailey, Sasha Hudson, Cecily and Aly Fisher, Cathy Earls and Hilary, Sam and Danny Azar, Claire Reilly, Brandy and Ray Jones, Caroline Dunn, Gerrilyn Rementer, Sarah Ritter, Anthony Popajontis Dorothy Dayton, Pam Pierce, Brenda Kreggle and Tammy McKenzie. Special thanks go to Brandy & Ray and their family for doing a double shift and to Debbie Layton who took an extra hour!

Thanks to these businesses for allowing SDTRHR to have doggie bag sales in front of their stores: Atlantic Liquors, Food Lion-Lewes and Rehoboth Giant.

Next Doggie Bag Sales Weekend: July 11 & 12, 2008!